

RENEW

Before You Begin...

- Get a cup of coffee and get comfortable
- Make sure that you can connect to the internet for the videos
- Warm up with the following questions:
 - What has been one benefit of this year of Pandemic for you personally, or for your family?
 - What is one thing you are particularly looking forward to once this season is past?

9:30 - SESSION #1 - ENCOURAGED IN HEART, COLOSSIANS 2:2 – DAVID BORDNER (SLOVENIA)

Reflection: 20 min

1. What thoughts from David's talk were particularly meaningful to you?
2. Do you have any additional observations about being "encouraged in heart" as you look at the text in Colossians 2?
3. David gave an illustration of how receiving encouragement in the marathon and in his health challenge made a real difference in what he experienced. Do you have an example of a time someone encouraged your heart recently and the difference it made?
4. David also shared how he is trying to regularly listen to the Spirit and be a channel of God's encouragement to others. Do you have any examples of ways you have personally tried to be an encouragement to others this year? What did you learn from those experiences?

Application: 20 min

1. Find something in the room you can hand to someone else. This could be a small pillow, a stuffed animal, coffee cup, a small plant, etc. Whatever it is, this will become your "Encouragement ____" (i.e., encouragement cup, or encouragement plant). Hand it to one person in your group. Whoever holds it is on the "encouragement hotseat." Then the rest of you have the opportunity to listen to the Spirit, think about what you know about that person, and speak words of encouragement to them. These could be:

- Something you appreciate about them
- A way you have seen them grow
- A challenge
- A word of thanks
- Specific verses from Scripture
- Any other words of encouragement

When you are finished, they pass the "encouragement ____" on to someone else, and that person is on the "encouragement hotseat".

2. Do this until you are finished with everyone. End by praying prayers of blessing for the other people in your group.

Please pace yourself so that you are done by the time you have your break at 10:45. If you can't cover all the questions, feel free to skip some and choose the ones that most applicable to your group.