



**NO
OTHER
gODS**

— *30 Days of Worship* —

DAY 26

— *Ashtoreth / Comfort / Hands* —

READ

Psalm 63

¹ *O God, you are my God;
I earnestly search for you.*

*My soul thirsts for you;
my whole body longs for you
in this parched and weary land
where there is no water.*

² *I have seen you in your sanctuary
and gazed upon your power and
glory.*

³ *Your unfailing love is better than
life itself;
how I praise you!*

⁴ *I will praise you as long as I live,
lifting up my hands to you in prayer.*

⁵ *You satisfy me more than the
richest feast.*

I will praise you with songs of joy.

⁶ *I lie awake thinking of you,
meditating on you through the night.*

⁷ *Because you are my helper,
I sing for joy in the shadow of your
wings.*

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⁸ *I cling to you;
your strong right hand holds me
securely.*

⁹ *But those plotting to destroy me
will come to ruin.*

*They will go down into the depths of
the earth.*

¹⁰ *They will die by the sword
and become the food of jackals.*

¹¹ *But the king will rejoice in God.
All who swear to tell the truth will
praise him,
while liars will be silenced.*

REFLECT

What's filling your Ashtoreth space lately? What do you turn to for comfort? What do you sacrifice in order to feel acceptance?

How does Psalm 63 reshape your view of God as perfect comforter? What phases address this specifically?

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Our relationship with God isn't only spiritual. There's a physical element to it as well. Read Psalm 63 again and look for references to the physical aspects of your life.

RESPOND

Focus in on verse four where it mentions hands.

1. Take a minute to go wash your hands in some warm water. As you wash them, confess to the Lord the way you've been using your hands for evil instead of good.

What have you been using your hands for lately? What have you been working on? What have you been typing or writing? What have you been repairing?

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Have your hands been open to serve others? Have they been clenched, holding on to bitterness and unforgiveness? Are they fist-like in anger... toward someone in your family, in your ministry, on your team? Toward your second culture or second language?

Or maybe your hands have a posture of fighting and defense? What are you fighting for? Who are you defending?

2. As you dry your hands off, pray the truth of God's forgiveness. He washes away your sins. He cleanses you. He restores you.
3. Lastly, let's put Psalm 63:4 in action. Lift your hands to your Comforter. Dedicate your hands to him.

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Dedicate your day to him. Commit to praising him instead of Ashtoreth today. And promise, like the Psalmist, to praise him as long as you live.

